WEEK 1 MENU

	CHOICE One	CHOICE IW0	GRA
MON	Buffalo Chicken () Crispy Spiced Potatoes and Ranch Dressing	Trinidad Vegetable Rice 🔮	Sweet C Roaste Pasta Kir Jacket F Daily Selection of Sa
TUE	Turkey Con Chili (D) (Served with Rice and Peas	Mac & Cheese Pot V Garlic and Herb Bread and a Mixed Side Salad	Mexica Caju Pasta Kin Jacket F Daily Selection of Sa
WED	Beef Lasagne (1) Served with Garlic and Herb Bread	Plant Ball Marinara Melt Whole wheat Pasta and Garlic Bread	BBQ Ma Pasta Kir Jacket F Daily Selection of Sa
THUR	Smokey Chicken Pasta Bake ⁽¹⁾ Served with Salad	Served with American Slaw	Tuna a Hoi S Pasta Kir Jacket F Daily Selection of Sa
FRI	Southern Fried Chicken Goujons () Served with Chips, Peas and Baked Beans	Veggie Burrito V Served with Chips	Fish Finger Margher Jacket Po Daily Selection o

🍈 Fruity! 😻 Nutritionist's Choice 🛛 Vegetarian 洓 Oily fish 😻 Wholegrain 🕕 Halal

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FOOD UNION

AB & GO OPTIONS

t Chili Chicken Panini Sted Vegetable Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

can Love Joes Wrap jun Chicken Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

BQ Chicken Panini Margherita Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

a and Cheese Panini Sin Chicken Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

er Sandwich and Chips erita Pizza and Chips Potatoes and Salads n of Sandwiches, Wraps and Baguettes

WEEK 2 MENU

	CHOICE One	CHOICE W0	GRA o
MON	West African Chicken and Rice ()	Vegetarian Mexican Tortilla Pie 	Fajita Mar Pasta Kin Jacket P Daily Selection of Sar
TUE	Southern Fried Chicken Katsu (D) Served with Wholegrain Rice and Vegetables	Yellow Vegetable Curry 	BBQ (Tikka Pasta Kin Jacket P Daily Selection of Sar
WED	Sloppy Joe Burger () Garlic and Herb Wedges and a side Salad	Louisiana Soul Bowl ॐ Mexican Yellow Rice and American Slaw	Katsu Sirach Pasta Kin Jacket Po Daily Selection of Sar
THUR	Mexican Beef Tortilla Pie Ow Whole Grain Rice	Vegetarian Lasagne IV Served with Garlic and Herb Bread	Cheese PORK Pasta Kin Jacket P Daily Selection of Sar
FRI	Southern Fried Chicken Goujons ()	The Veggie Dog 🔮	Margheri Fis Jacket Po

Served with Peas and Baked Beans Served with Peas and Baked Beans

rita Pizza and Chips ish and Chips Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and **Baguettes**

🍈 Fruity! 😻 Nutritionist's Choice 🔇 Vegetarian 🔅 Oily fish 😻 Wholegrain 🕕 Halal

FRI

FOOD UNION

AB & GO **OPTIONS**

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) Chicken Burrito ka Chicken Pizza ing Option of the Day Potatoes and Salads andwiches, Wraps and Baguettes

u Chicken Panini cha Chicken Pizza ing Option of the Day Potatoes and Salads andwiches, Wraps and Baguettes

se and Bean Panini K Pepperoni Pizza ing Option of the Day Potatoes and Salads andwiches, Wraps and Baguettes

WEEK 3 MENU

CHOICE One



G	R,

MON	BBQ Chicken Meatballs () Whole Wheat Pasta	Caribbean Coconut Vegetarian Curry 🖋 Whole Grain Rice	India Peri F Pasta Ki Jacket I Daily Selection of Sa
TUE	Teriyaki Chicken Soul Bowl	Vegan Chili I	Veg Ma Pasta Ki Jacket Daily Selection of Sa
WED	Pulled Mexican Chicken & Crushed Taco () Garlic and Herb Wedges and American Slaw	Blackeye Bean Burger 🔮 Garlic and Herb Wedges and American Slaw	Teriya Sweetco Pasta Ki Jacket Daily Selection of Sa
THUR	Sticky Chicken and Vegetable Noodles 🕬	Served with Wholegrain Rice	Chili Be Tikka Chicken Pasta Ki Jacket Daily Selection of Sa
FRI	Southern Fried Chicken Goujons () Served with Chips, Peas and Baked Beans	Mexican Loaded Wedges V Served with Peas and Baked Beans	Margher Fi Jacket P Daily Selection

🍈 Fruity! 😻 Nutritionist's Choice 🔮 Vegetarian 🔊 Oily fish 😻 Wholegrain 🚯 Halal

FOOD UNION

AB & GO OPTIONS

Indian Love Joes Wrap Peri Peri Chicken Pizza sta King Option of the Day acket Potatoes and Salads n of Sandwiches, Wraps and Baguettes

> egan Sausage Roll Margherita Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

> yaki Chicken Panini corn and Pepper Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

> Beef and Bean Burrito en Pizza with a Raita Drizzle King Option of the Day et Potatoes and Salads Sandwiches, Wraps and Baguettes

erita Pizza and Chips Fish and Chips Potatoes and Salads n of Sandwiches, Wraps and Baguettes