

# WEEK 1 MENU

## CHOICE One

## CHOICE Two

## GRAB & GO OPTIONS

<b>MON</b>	<b>Buffalo Chicken</b> 🍗 Crispy Spiced Potatoes and Ranch Dressing	<b>Trinidad Vegetable Rice</b> 🌱
<b>TUE</b>	<b>Turkey Con Chili</b> 🍗❤️🌾 Served with Rice and Peas	<b>Mac &amp; Cheese Pot</b> 🌱 Garlic and Herb Bread and a Mixed Side Salad
<b>WED</b>	<b>Beef Lasagne</b> 🍗❤️ Served with Garlic and Herb Bread	<b>Plant Ball Marinara Melt</b> 🌱 Whole wheat Pasta and Garlic Bread
<b>THUR</b>	<b>Smokey Chicken Pasta Bake</b> 🍗 Served with Salad	<b>Sweet Potato and Bean Enchilada</b> 🌱❤️ Served with American Slaw
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> 🍗 Served with Chips, Peas and Baked Beans	<b>Veggie Burrito</b> 🌱 Served with Chips

Sweet Chili Chicken Panini Roasted Vegetable Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes
Mexican Love Joes Wrap Cajun Chicken Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes
BBQ Chicken Panini Margherita Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes
Tuna and Cheese Panini Hoi Sin Chicken Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes
Fish Finger Sandwich and Chips Margherita Pizza and Chips Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes

# WEEK 2 MENU

## CHOICE One

## CHOICE Two

## GRAB & GO OPTIONS

<b>MON</b>	<b>West African Chicken and Rice</b> 🍗 Served with Wholegrain Rice and Vegetables	<b>Vegetarian Mexican Tortilla Pie</b> 🌱🍷🌾 Served with Wholegrain Rice and Vegetables
<b>TUE</b>	<b>Southern Fried Chicken Katsu</b> 🍗🌾 Served with Wholegrain Rice and Vegetables	<b>Yellow Vegetable Curry</b> 🌱🍷🌾 Served with Wholegrain Rice and Vegetables
<b>WED</b>	<b>Sloppy Joe Burger</b> 🍗 Garlic and Herb Wedges and a side Salad	<b>Louisiana Soul Bowl</b> 🌱 Mexican Yellow Rice and American Slaw
<b>THUR</b>	<b>Mexican Beef Tortilla Pie</b> 🍗🌾 Whole Grain Rice	<b>Vegetarian Lasagne</b> 🌱🍷🌾 Served with Garlic and Herb Bread
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> 🍗 Served with Peas and Baked Beans	<b>The Veggie Dog</b> 🌱 Served with Peas and Baked Beans

<p>Fajita Chicken Panini Margherita Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>
<p>BBQ Chicken Burrito Tikka Chicken Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>
<p>Katsu Chicken Panini Siracha Chicken Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>
<p>Cheese and Bean Panini <b>PORK</b> Pepperoni Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>
<p>Margherita Pizza and Chips Fish and Chips Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>

# WEEK 3 MENU

## CHOICE One

## CHOICE Two

## GRAB & GO OPTIONS

<b>MON</b>	<b>BBQ Chicken Meatballs</b> 🍗🌿 Whole Wheat Pasta	<b>Caribbean Coconut Vegetarian Curry</b> 🌿🌿 Whole Grain Rice
<b>TUE</b>	<b>Teriyaki Chicken Soul Bowl</b> 🍗❤️ Served with Pineapple Rice, Crunchy Slaw and Peas	<b>Vegan Chili</b> 🌿❤️🌿 Served with Wholegrain Rice and Peas
<b>WED</b>	<b>Pulled Mexican Chicken &amp; Crushed Taco</b> 🍗🌿 Garlic and Herb Wedges and American Slaw	<b>Blackeye Bean Burger</b> 🌿 Garlic and Herb Wedges and American Slaw
<b>THUR</b>	<b>Sticky Chicken and Vegetable Noodles</b> 🍗❤️ Served with Wholegrain Rice	<b>Sweet and Sour Vegetables</b> 🌿❤️🌿 Served with Wholegrain Rice
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> 🍗🌿 Served with Chips, Peas and Baked Beans	<b>Mexican Loaded Wedges</b> 🌿 Served with Peas and Baked Beans

<p>Indian Love Joes Wrap Peri Peri Chicken Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>
<p>Vegan Sausage Roll Margherita Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>
<p>Teriyaki Chicken Panini Sweetcorn and Pepper Pizza Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>
<p>Chili Beef and Bean Burrito Tikka Chicken Pizza with a Raita Drizzle Pasta King Option of the Day Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>
<p>Margherita Pizza and Chips Fish and Chips Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and Baguettes</p>