WEEK 1 MENU

| | CHOICE One | CHOICE IW0 | GRA |
|------|--|--|---|
| MON | Buffalo Chicken () Crispy Spiced Potatoes and Ranch Dressing | Trinidad Vegetable Rice 🔮 | Sweet C Roaste Pasta Kir Jacket F Daily Selection of Sa |
| TUE | Turkey Con Chili (D) (Served with Rice and Peas | Mac & Cheese Pot V Garlic and Herb Bread and a Mixed Side Salad | Mexica Caju Pasta Kin Jacket F Daily Selection of Sa |
| WED | Beef Lasagne (1) Served with Garlic and Herb Bread | Plant Ball Marinara Melt Whole wheat Pasta and Garlic Bread | BBQ Ma Pasta Kir Jacket F Daily Selection of Sa |
| THUR | Smokey Chicken Pasta Bake ⁽¹⁾ Served with Salad | Served with American Slaw | Tuna a Hoi S Pasta Kir Jacket F Daily Selection of Sa |
| FRI | Southern Fried Chicken Goujons () Served with Chips, Peas and Baked Beans | Veggie Burrito V Served with Chips | Fish Finger Margher Jacket Po Daily Selection o |

🍈 Fruity! 😻 Nutritionist's Choice 🛛 Vegetarian 洓 Oily fish 😻 Wholegrain 🕕 Halal

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FOOD UNION

AB & GO OPTIONS

t Chili Chicken Panini Sted Vegetable Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

can Love Joes Wrap jun Chicken Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

BQ Chicken Panini Margherita Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

a and Cheese Panini Sin Chicken Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

er Sandwich and Chips erita Pizza and Chips Potatoes and Salads n of Sandwiches, Wraps and Baguettes

WEEK 2 MENU

| | CHOICE One | CHOICE W0 | GRA o |
|------|---|---|---|
| MON | West African Chicken and Rice () | Vegetarian Mexican Tortilla Pie | Fajita Mar Pasta Kin Jacket P Daily Selection of Sar |
| TUE | Southern Fried Chicken Katsu (D) Served with Wholegrain Rice and Vegetables | Yellow Vegetable Curry | BBQ (Tikka Pasta Kin Jacket P Daily Selection of Sar |
| WED | Sloppy Joe Burger () Garlic and Herb Wedges and a side Salad | Louisiana Soul Bowl ॐ Mexican Yellow Rice and American Slaw | Katsu Sirach Pasta Kin Jacket Po Daily Selection of Sar |
| THUR | Mexican Beef Tortilla Pie Ow Whole Grain Rice | Vegetarian Lasagne IV Served with Garlic and Herb Bread | Cheese PORK Pasta Kin Jacket P Daily Selection of Sar |
| FRI | Southern Fried Chicken Goujons () | The Veggie Dog 🔮 | Margheri Fis Jacket Po |

Served with Peas and Baked Beans Served with Peas and Baked Beans

rita Pizza and Chips ish and Chips Jacket Potatoes and Salads Daily Selection of Sandwiches, Wraps and **Baguettes**

🍈 Fruity! 😻 Nutritionist's Choice 🔇 Vegetarian 🔅 Oily fish 😻 Wholegrain 🕕 Halal

FRI

FOOD UNION

AB & GO **OPTIONS**

ta Chicken Panini argherita Pizza ing Option of the Day Potatoes and Salads andwiches, Wraps and Baguettes

) Chicken Burrito ka Chicken Pizza ing Option of the Day Potatoes and Salads andwiches, Wraps and Baguettes

u Chicken Panini cha Chicken Pizza ing Option of the Day Potatoes and Salads andwiches, Wraps and Baguettes

se and Bean Panini K Pepperoni Pizza ing Option of the Day Potatoes and Salads andwiches, Wraps and Baguettes

WEEK 3 MENU

CHOICE One



| G | R, |
|---|----|
| | |

| MON | BBQ Chicken Meatballs () Whole Wheat Pasta | Caribbean Coconut Vegetarian Curry 🖋 Whole Grain Rice | India Peri F Pasta Ki Jacket I Daily Selection of Sa |
|------|---|--|--|
| TUE | Teriyaki Chicken Soul Bowl | Vegan Chili I | Veg Ma Pasta Ki Jacket Daily Selection of Sa |
| WED | Pulled Mexican Chicken & Crushed Taco () Garlic and Herb Wedges and American Slaw | Blackeye Bean Burger 🔮 Garlic and Herb Wedges and American Slaw | Teriya Sweetco Pasta Ki Jacket Daily Selection of Sa |
| THUR | Sticky Chicken and Vegetable Noodles 🕬 | Served with Wholegrain Rice | Chili Be Tikka Chicken Pasta Ki Jacket Daily Selection of Sa |
| FRI | Southern Fried Chicken Goujons () Served with Chips, Peas and Baked Beans | Mexican Loaded Wedges V Served with Peas and Baked Beans | Margher Fi Jacket P Daily Selection |

🍈 Fruity! 😻 Nutritionist's Choice 🔮 Vegetarian 🔊 Oily fish 😻 Wholegrain 🚯 Halal

FOOD UNION

AB & GO OPTIONS

Indian Love Joes Wrap Peri Peri Chicken Pizza sta King Option of the Day acket Potatoes and Salads n of Sandwiches, Wraps and Baguettes

> egan Sausage Roll Margherita Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

> yaki Chicken Panini corn and Pepper Pizza King Option of the Day t Potatoes and Salads Sandwiches, Wraps and Baguettes

> Beef and Bean Burrito en Pizza with a Raita Drizzle King Option of the Day et Potatoes and Salads Sandwiches, Wraps and Baguettes

erita Pizza and Chips Fish and Chips Potatoes and Salads n of Sandwiches, Wraps and Baguettes